What is MDTP (McNeill Dysphagia Therapy Program)?

MDTP is a systematic exercise-based approach to dysphagia therapy in adults. Rather than a specific technique, MDTP is a framework from which to provide individualized therapy to adult patients. This one-day intermediate course introduces participants to the conceptual basis of MDTP, provides the results of initial clinical studies documenting functional and physiologic benefits from MDTP intervention, describes in detail the components of MDTP, and provides step-by-step instruction for the evaluation and treatment of patients receiving the MDTP approach.

What are the basic components of MDTP?

MDTP is based on exercise principles. These are reviewed and explained in this course. MDTP components include a structured and validated clinical and instrumental assessment, application of food hierarchy with clinical decision strategies, and specific recommendations for monitoring patient performance and advancing safe oral intake.

Are modalities used with MDTP?

Though we have used MDTP with NMES and sEMG biofeedback, MDTP is a stand-alone clinical approach to dysphagia therapy in adults. While some patients might benefit from application of adjunctive modalities in dysphagia therapy, this course will not address the inclusion of adjunctive modalities.

Who benefits from MDTP?

Our clinical research to date has focused on adult patients who have chronic dysphagia (a minimum of 6 months) and who have “failed” at prior dysphagia interventions (no improvement in safe oral intake). We have used MDTP with patients who survived stroke, head/neck cancer treatment and traumatic brain injury. While not every patient has improved following MDTP intervention, our success rate is over 90% for increased safe oral intake and nearly 70% for removal of feeding tubes in these chronic, treatment refractory patients.

Who is McNeill?

McNeill was one of the first patients who volunteered to participate in this line of clinical research. Hannibal McNeill had survived both a brainstem stroke and treatment for head and neck cancer. He entered MDTP therapy on a thick liquid diet and left three weeks later eating his favorite food...hamburger and French fries. Nearly two years after completion of therapy Hannibal died from a brain hemorrhage. With the permission of his family, we honored his memory by naming this therapy approach after him.

Will I be able to use the MDTP approach after this one-day course?

Yes, the one-day course will provide you with all the basics that an experienced clinician needs to conduct MDTP therapy. If you have questions once you start using MDTP, the course instructors are available via email to respond to your questions.

Who is Michael A. Crary, PhD., (FASHA – HONORS)?

Michael A. Crary, PhD., (FASHA – HONORS) is a Professor of Speech-Language Pathology and Professor of Medicine at the University of Central Florida. He is Co-Director of the Swallowing Research Laboratory. Dr. Crary’s current clinical and research interests focus on swallowing disorders, specifically improving assessment and treatment strategies. Current research projects include studies of the characteristics of dysphagia and related morbidities in stroke patients, community-dwelling older persons, outcomes of dysphagia treatment in patients with head/neck cancer or stroke, and outcomes associated with exercise-based therapy and adjunctive modalities in the treatment of dysphagia in adult patients. He has a long history as a practicing clinician and remains active in patient care. His most recent text is “Dysphagia Management in Adults and Children” with Michael Groher. Dr. Crary is a Fellow of ASHA. He was awarded Honors of the Association in 2016. Relevant Financial Disclosure: Dr. Crary receives an honorarium and expenses for this MDTP Certification Course. He has No Relevant Non-Financial disclosures.

Giselle Carnaby, MPH, PhD, SLP/CCC (FASHA)

Is a Professor in Communication Sciences & Disorders, and Medicine at the University of Central Florida. She is also the Director of the University of Central Florida, Swallowing Research Laboratory. She is also a Public Health Scientist and was the past Director of the PhD in Public Health at the University of Florida for over 9 years. She specializes in research epidemiology and biostatistics and has worked extensively in neurology and dysphagia research. Dr. Carnaby’s research focus lies in the rehabilitation of swallowing disorders in Head neck cancer and stroke, and she has published over 95 peer reviewed papers in these areas. Dr. Carnaby is the author of the “Mann Assessment of Swallowing” and its cancer version MASA-C. She is a lifetime research scholar of the American Cancer Society and has a background of funded research from the NIH-NCI, NIH-NICHD, ACS and FL-DOH. She was awarded ASHA Fellow, in 2012. Relevant Financial Disclosure: Dr. Carnaby receives an honorarium and expenses for this MDTP Certification Course. She has No Relevant Non-Financial disclosures.

CERTIFICATION COURSE

Saturday

June 22, 2019

Alcoitão, Portugal

Space is limited to the first 70 registrants
So, register early!!
Register Online at:
https://fdi2.com/mdtp/

Registration for seminar plus certification process
$550 USD before March 30, 2019
$625 USD after March 30, 2019

NOTE: Our online registration platform (EventZilla) charges a separate fee of $9.99 USD that is added to the registration fee. This is not part of the seminar registration fee.

No onsite registrations will be accepted.

Refund Policy:
If FDI must cancel the conference for any reason, a full refund of registration cost will be issued within two weeks of cancellation. No other remuneration for travel or lodging will be issued.

Participants who cancel their registration in writing or email up to 1 week prior to the course will receive a full refund less a $100 processing fee. No refunds will be processed for cancellation the week before the course. There will be no refund after the course has been completed.

CEU Details
ASHA CEUs are not offered for international courses

If you are an ASHA member and wish to have CEUs please email us: floridadysphagainst2@gmail.com

This course is an intermediate level, professional area

This course is not available to students.

Course and Hotel Information:

Course Location: (see website for details)
School of Health Sciences of Alcoitão,
Rua Conde Barão, 2649-506 Alcabideche, Portugal

Signage will be provided upon entry of the building

Hotel Information:
See list of nearby hotels and rates on our website

Timed Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30-8:00</td>
<td>Check In</td>
</tr>
<tr>
<td>8:00 - 9:30am</td>
<td>MDTP - What is it? How does it differ from what we currently do? AND Current evidence supporting MDTP</td>
</tr>
<tr>
<td>9:30-10:30am</td>
<td>Exercise principles in MDTP part 1</td>
</tr>
<tr>
<td>10:30-10:45am</td>
<td>Break</td>
</tr>
<tr>
<td>10:45 - 11:30am</td>
<td>Exercise principles in MDTP part 2</td>
</tr>
<tr>
<td>11:30 - 12:00noon</td>
<td>The MDTP Food Hierarchy</td>
</tr>
<tr>
<td>12:00 - 1:00pm</td>
<td>Lunch **</td>
</tr>
<tr>
<td>1:00 - 3:00pm</td>
<td>Swallowing Assessment and Outcome Protocols for MDTP</td>
</tr>
<tr>
<td>3:00 - 3:15pm</td>
<td>Break</td>
</tr>
<tr>
<td>3:15 - 5:45pm</td>
<td>Step by Step Therapy Procedures for MDTP</td>
</tr>
<tr>
<td>5:45 - 6:00pm</td>
<td>Questions and Answers</td>
</tr>
</tbody>
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Objectives

Upon completion of this course participants will be able to...

1. Describe the components of MDTP therapy and differentiate this approach from more traditional therapy.

2. Describe current clinical research supporting MDTP therapy.

3. Explain how MDTP uses exercise principles to improve swallow function.

4. Explain physiologic changes in swallowing that may result from various foods/liquids.

5. Use specific clinical tools in the evaluation of patients for participation in MDTP therapy.

6. Conduct MDTP therapy sessions and monitor patient progress and outcome.

Content Disclosure:

This course is focused on the McNeill Dysphagia Therapy Program (MDTP) approach to dysphagia intervention.

NOTE regarding course materials:

Course materials for the MDTP seminars will be provided via internet download available one week prior to the seminar.

Hard copy materials are limited to certain forms and handouts that will also be available to certified providers following the seminar on our website.

** Lunch is available in the School cafeteria for 7.50 Euro. Eating off site will require a car and may take longer than the allotted hour.